

	<u>Men</u>	<u>Time</u>	<u>Year</u>		<u>Women</u>	<u>Time</u>	<u>Year</u>
<b>Course</b>	Robert Moulton	16:27.44	2023		Marnie Kusakavitch	20:38.95	2023
<b>Master's</b>	Michael Selig	17:50.41	2019		Kimberly Drozda	21:03.02	2023
<b>19 &amp; Under</b>	Daniel Danilovitz	17:33.26	2019		Hailey Hirtz	21:57.13	2023
<b>20-29</b>	Brandon Hampton	19:04.09	2019		Marnie Kusakavitch	20:38.95	2023
<b>30-39</b>	Robert Moulton	16:27.44	2023		Samantha Snead	21:42.55	2019
<b>40-49</b>	Michael Selig	17:50.41	2019		Kimberly Drozda	21:03.02	2023
<b>50-59</b>	Timothy Lutz	21:48.94	2022		Sharon Callahan	23:11.10	2017
<b>60-69</b>	William Cook	20:57.88	2017		Tammy Suyematsu	25:51.39	2019
<b>70+</b>	William Cook	24:46:20	2024		Darby Lewes	31:24.05	2018